



Pause: Discover

When we **pause** long enough to **breathe** and **search** for God, we **discover** that He has not left us.

God describes himself as the great "I Am," the only One who has existence that is self derived.

The title means the self existence of God. He Who was, Who is and Who will be always. In God we find our origin and the essential quality of life, the only true life, existence and the One without Whom there shall be no existence at all.

He is the "I Am." Do you know who you are? The following bins might contain some of the thoughts you have about your identity:

God's thoughts and feelings about us can be described this way:

PAUSE_{search}

Small Group Discussion Guide

For Openers...

1. What was a “big plan” you had for your life that didn’t materialize?
2. Has anyone ever been surprised when you accomplished something that was difficult?
3. Have there ever been times in your life when you have doubted your own capability?

Going Deeper...

4. Read Exodus 3:7-9. God has a rescue plan and consistently reminded His people that He heard their cries and He was there with them. Have you ever felt that God had left you?
5. Do you remember a situation when God rescued you from a tough place? What happened?
6. Read Exodus 4:10. Moses identified himself by his stutter? What else do you know about Moses that could have identified him?
7. Describe yourself by using nouns such as husband/wife, son/daughter, etc.
8. Now list adjectives that characterize you—fun, smart, impatient, and so forth.
9. What do these lists say about who you are? What does 1 Corinthians 15:10 say about your identity?
10. How in control are you over your image of yourself? Are you satisfied with this answer?
11. What would you look like if your view of you was the same as God’s view of you?

For Further Study...

12. Read the following scriptures and notice the “I am’s.” What do they say about how these biblical characters view themselves?
 - Genesis 24:24
 - Genesis 24:34
 - Genesis 27:2
 - Genesis 29:33
 - Song of Songs 1:5

It is our prayer that you will become a person who will pause, see God’s presence and say, “With God, I can get through whatever I am facing—no matter how good or bad life gets. I can breathe!”